



Sisters in Session

- ◆ Do you have a female child between the ages of 13 and 17 who identifies as black or biracial/multiracial with black ancestry?
- ◆ Has your child ever felt marginalized due to their ethnicity, or cultural background, or experienced a lack of belonging due to their cultural identity?

This group is designed to provide young black girls with the opportunity to explore their racial identity and experiences with an emphasis on finding their voice and moving towards empowerment. Topics include: self-esteem, hair/beauty standards, colorism, microaggressions, stereotypes, friendship/sisterhood, feelings of isolation, and self-expression.

When: January 13th, 2024 – March 9th, 2024 (8 Weeks)

Time: Saturdays from 12:00pm – 1:30pm

Location: 12150 E. Briarwood Ave. Suite 202. Centennial, Co. 80112

Cost: \$90/ group, Medicaid accepted

Facilitated By: Malia Jackson, LPCC

Malia is a Licensed Professional Counselor Candidate who is passionate about providing adolescent females who self-identify as a person of color, feel marginalized due to their ethnicity/cultural background, or lack a sense of belonging due to their cultural identity with a brave space to explore their identity.



Contact our office to schedule:
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