



Trauma Recovery & Empowerment Group

The perceptions, myths, and social expectations that go along with being a woman in our society influence the ways in which women caregivers process and understand their experiences of physical, sexual, and emotional abuse

TREM addresses both short – and long – term consequences of victimization and trauma. It emphasizes the development of coping skills and connection with social support

Tuesday, January 9th, 2024 – Tuesday, May 30th, 2024 (18 weeks)
Every Tuesday from 3:00pm – 4:30pm

This group will meet in-person or virtually, depending on participant need.

Children's Wellness Center of Colorado
12150 E. Briarwood Ave. Suite 202
Centennial, Co. 80112



Facilitated by: Amber Buczkowski, MSW, LCSW,
AAC, Co-Owner, Psychotherapist &
Co-Facilitated by: Lindsay Kroonenberg, BS, Intern

Contact our office to schedule:
(720)662-7862 Ext. 0 or info@cwccolorado.com

