



Trauma Recovery & Empowerment Group

- The perceptions, myths, and social expectations that go along with being a woman in our society influence the ways in which women caregivers process and understand their experiences of physical, sexual, and emotional abuse.
- TREM addresses both short – and long – term consequences of victimization and trauma. It emphasizes the development of coping skills and connection with social support.

Tuesday, March 26th, 2024 – Tuesday, June 18th, 2024 (13 weeks)
Every Tuesday from 1:00pm – 3:00pm, Virtually

Paperwork and an intake assessment is required for all new clients.

Payment Options: Colorado Access Medicaid, RMHP Medicaid, Private Pay,
Victim Compensation (reduces individual award)

Children's Wellness Center of Colorado
12150 E. Briarwood Ave. Suite 202
Centennial, CO 80112

Facilitated by: Christine Garcia, MA, LPC, ACS,
Co-Owner, Psychotherapist, EMDR Therapist

Co-Facilitated by: Molly Sullivan, BA,
Master's Level Student Intern

Contact our office to schedule:
(720)662-7862 Ext. 0
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