

HERO KIDS



At Children's Wellness Center of Colorado

For co-ed youth ages 7 - 9 years old

Does your child struggle with:

- peer connections?
- social-emotional skills?

Do they enjoy:

- strategy?
- Role-playing/acting?
- Fantasy?

Give them a fun and creative avenue to build social interactions!

No experience playing Hero Kids is needed to participate.

***Research indicates that Activity Therapy (such as Hero Kids) can be an avenue to teach new skills and improve mental health**

***Need more information on the research behind use of games for mental health intervention? Let us know and we'll send a reference list.**

Give your child the opportunity to build skills in the areas of:

- Empathy
- Communication
- Team/Group Collaboration
- Coping with unexpected events
- Flexibility (seeing things from different perspectives)
- Identity Development
- Impulse Control
- Emotional Intelligence

Cost: \$100 per group

*Colorado Access & RMHP Medicaid and CHP+ accepted

Where: CWCC Centennial Office
12150 E Briarwood Ave. Suite 202
Centennial 80112

Facilitated by:

← Sarah Adams, LPCC,
Adventure Game Master

Contact our office to schedule:

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